

SRR remembers our  
coach and friend  
Steve Burton  
1952 - 2006

# Somerville ROAD RUNNERS

SRR NewsFlyer  
June 2010

## Upcoming SRR Events & Activities

- June 12** - Sixth Annual Club Challenge Cup Marathon Relay (aka, 26x1 Relay), 8-11am  
Tufts University (Medford, Somerville, MA). Volunteers and cheers wanted!
- June 16** - SRR Red Sox Outing. 7:10pm start vs. Arizona Diamondbacks. Meet at Baseball Tavern  
before the game. Tickets are \$30 each. Contact Kate (kateb876@yahoo.com) for info.
- June 24** - Chase Corporate Challenge - volunteers needed. Race starts at 7:15pm, Boston Common.
- July 25** - SomerStreets event, 10am-4pm, East Broadway. Sponsored by City of Somerville
- Last two weeks of July** - SRR will be collecting used sneakers through the Nike Reuse-A-Shoe Program. Stay tuned for drop-off details.
- CPR Classes** - SRR will cover part of your cost to take a CPR Class at Somerville Hospital. July 7, Sept 8, Nov 10 classes open, 6-10pm. Contact  
Gwen at gwensrr@hotmail.com for details.
- Save The Dates:** **July 18:** The Summer Steamer **July 30-31:** The 24-Hour Relay
- For more information, visit [www.srr.org](http://www.srr.org). To volunteer, contact our volunteer coordinator, Audrey Perlow, at [audreyleeperlow@gmail.com](mailto:audreyleeperlow@gmail.com).

Spring Membership Drive  
Have You Renewed?  
Effective 1/1/10, our annual membership  
fees are \$30 for individuals, and \$50 for  
families. Memberships run from Jan. 1  
through Dec. 31 and are renewable on a  
yearly basis, online only. **To renew your  
membership, visit [www.srr.org](http://www.srr.org)**

## Ongoing SRR Events

### SRR Race of the Month

**June 24** - Squantum 5M Race of  
Champions (Quincy, MA)

**July 17** - Molly's Irish Pub Rugby  
Run (Lynn, MA) directed by Dan  
Solomon

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**Monday** - The Bur-Run free 5k  
fun run at 6:45pm at The Burren  
- 247 Elm Street, Davis Square,  
Somerville. For info, email [bur-  
run@hotmail.com](mailto:bur-run@hotmail.com)

**Tuesday** - Outdoor track workouts  
start at 6:30pm at the Tufts  
Outdoor Track. Coached by Joe  
O'Leary and open to runners of  
all abilities. Workouts are posted  
online at [www.srr.org/events/track](http://www.srr.org/events/track).

**Thursday** - SRR Thursday Night  
free fun run at 7:15pm at Casey's  
Bar - 171 Broadway, Somerville.  
Free pizza after the run!

**1st Mondays** - Board Meeting at  
The Burren at 7pm. Open to all!

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### Members' Races

**June 27** - McGuiggan's Pub 5K  
(Whitman, MA) Paul Clark

**Aug 28** - 2nd Annual Jamie Fund  
5K (Mansfield, MA) Heather & Tom  
Hagerty

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### Other Races

**Jun 14** - 3 Miles, 5 Beers, 10 Cent  
Wings (Asgard Pub, Cambridge,  
MA) \*fun run\*

**June 13** - Susan McDaniel Run  
for Love (Weston, MA)

**June 13** - Lincoln Steeplechase  
(Lincoln, MA)

**June 13** - Battle of Bunker Hill  
Road Race (Charlestown, MA)

**June 16** - Louise Rossetti  
Women's 5k (Beverly, MA)

**June 19** - Sharon Timlin Memo-  
rial 5K (Hopkinton, MA)

**July 1** - 2nd Annual M.A.D.  
Scramble (Milton, MA)

**July 15** - Jim Kane Sugar Bowl 5  
Miler (Dorchester, MA)

**July 17** - Big Man Run XV  
(Worcester, MA)

**July 22** - Marathon Sports 5  
Miler (Weston, MA)

**July 27** - Yankee Homecoming  
Race (Newburyport, MA)

**Aug 8** - Historic Salem's Annual  
Heritage Days 5K (Salem, MA)

**Aug 21** - 1st Annual Larry Olsen  
Summer Classic (Hopedale, MA)

## Local Series

### New England Runner Pub Series

**Sept 12** - Might Meehan 5K

**Sept 19** - Portland Trails "Trail to  
Ale" 10K

**Oct 17** - Paddy's Shillelagh Shuffle  
3M

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### Hockomock Swamp Rat Series - Last One!

**#20** - Paul Mailman Montpelier Ten  
Miler (Montpelier, VT) June 27

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### USATF-NE Grand Prix

**July 18** - Stowe 8 Miler (Stowe, VT)

**Aug 14** - Bridge of Flowers 10K  
(Shelburne Falls, MA)

**Oct 3** - Providence Ronald McDon-  
ald House Women's 5k (Providence,  
RI)

**Oct 17** - Bridge of Flowers 10K  
(Shelburne Falls, MA)

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**PA System for Rent:** SRR now  
has a PA system and will rent it  
to members. Contact Brendan  
([brendanjkearney@gmail.com](mailto:brendanjkearney@gmail.com)).

**Long Run Hosts Needed:** Host a  
long run this fall! Contact Nicole  
([nicoletateosian@yahoo.com](mailto:nicoletateosian@yahoo.com)).

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### Poll: Favorite Summer X-Training

Treadmill running on hot days;  
Incline skating and ice hockey; Tri-  
athlon training; Tennis; Swimming;  
Kickbike and biking; Hiking; Rowing  
and kayaking; A lazy day on the  
hammock!

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### POTUS

Presidential Housemate Andrew  
Anselmo unveils the unofficial  
Presidential Seal:



Our fearless leader travels to local  
races in her favorite vehicle, Cow  
Bell One, with a special security  
feature: "Nobody would want to  
steal it." She also enjoys spending  
time with First Cats, Tansy and Lulu.  
It really is unclear if the cats are  
First Cats or Secret Service agents;  
they both hide and remain in the  
shadows, and dress in all black.  
They also hiss at anyone who isn't  
Madame President.

All information listed is accurate as of time of publication; you are encouraged, however, to verify most up-to-date  
information on each race's website. The SRR NewsFlyer will be published following the club meeting on the first Monday of  
the month. Submissions are due by the 25th of the previous month. Email [news@srr.org](mailto:news@srr.org).